



Coastal Horizons Center

Clínica Latina

We offer Mental Health, Substance Abuse, & Help Line Services in Spanish and in a comfortable setting for Latinos and their families.

Groups & Classes

Strong Start

Social & Emotional Skills

Why Try

Self-Reflection & Self-Esteem

Building Social Skills

Handling Emotions, Self-Esteem,
Building Relationships

Social Skills for Teens

Handling Emotions, Self-Esteem,
Building Relationships

Substance Abuse Therapy

Drug Education, Relapse, Prevention,
Coping Skills and DWI Assessments

Anger Management Classes

Controlling Emotions, Conflict Resolution,
Communication Skills, Open Discussion

Parenting Classes

Parenting Styles, Choices, Motivating Your Children,
Problem Solving Skills, Increasing Independence,
Increasing Cooperation, Communication Skills,
Discipline Styles, Developing Self-Esteem,
Natural & Logical Consequences

Rape Crisis Center

Working in collaboration with Clínica Latina

RCC Services Include 24 Hour Crisis Response, Free Supportive Counseling, Advocacy with Court and Law Enforcement, Support Group for Survivors, Teens, Children, Parents, Free Education Program and Spanish Speaking Staff.

We Accept

Medicaid
Self-Pay
and some Insurance

Contacts

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Coastal Horizons Center

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www.coastalhorizons.org

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“Promoting Choices for Healthier
Lives and Safer Communities”